



Race 4 - Drum Manor Forest 10K  
Saturday 27th January 2018



Place	Bib No	Name	Club	Category	First 400m		Lap 1 - 4800m		Lap 2 - 4800m		Finish Time	Ave KM Pace	
					Rank	Time	Rank	Split	Time	Rank			Time
1	29	Jason Wilson	Ballymena Runners AC	MO	1	1:17	1	17:45	19:03	1	18:10	37:13	3:43/K
2	97	Shane Donnelly	Unaffiliated	MO	2	1:18	3	18:01	19:19	2	18:17	37:36	3:46/K
3	3	Conor Maguire	Omagh Harriers	MO	3	1:18	4	18:01	19:20	3	18:20	37:40	3:46/K
4	24	Paddy Corr	Unaffiliated	M50	5	1:18	2	18:01	19:20	4	18:33	37:53	3:47/K
5	110	Seamus Bradley	Unaffiliated	MO	4	1:18	5	18:59	20:18	5	19:06	39:24	3:56/K
6	46	Adrian Devlin	Sperrin Harriers	MO	8	1:25	6	19:16	20:42	9	20:17	41:00	4:06/K
7	7	Mark Alexander	Ballymena Runners AC	M45	7	1:25	7	19:41	21:07	8	20:16	41:23	4:08/K
8	35	Takashi Ishii	Unaffiliated	MO	16	1:28	8	19:58	21:27	6	20:01	41:28	4:09/K
9	81	Dermot McCabe	Island Tri Club	M45	6	1:24	9	19:58	21:23	10	20:30	41:54	4:11/K
10	36	Grace Carson	Mid Ulster AC	FJ	12	1:27	15	20:24	21:52	7	20:06	41:58	4:12/K
11	80	William Fleck	Ballymena Runners AC	M45	10	1:27	10	20:12	21:39	11	20:48	42:28	4:15/K
12	1	Gareth Cardwell	Keep Er Lit	M45	9	1:26	11	20:20	21:46	12	20:57	42:44	4:16/K
13	41	Richard Bradley	Galbally Runners	MO	13	1:28	14	20:24	21:52	13	21:08	43:00	4:18/K
14	6	Gillian Wasson	Ballymena Runners AC	F40	11	1:27	16	20:33	22:01	14	21:27	43:28	4:21/K
15	68	Patrick McGuckin	Mallusk Harriers	M40	21	1:31	12	20:21	21:52	17	21:41	43:34	4:21/K
16	105	Brian Bradley	Sperrin Harriers	M50	17	1:29	13	20:22	21:52	19	21:52	43:44	4:22/K
17	114	John Bradley	Unaffiliated	MO	26	1:33	17	20:53	22:26	16	21:33	43:59	4:24/K
18	30	Elvin O'Brien	Unaffiliated	M45	25	1:32	18	20:56	22:29	20	21:54	44:24	4:26/K
19	116	Helena Quinn	Termoneeny Running Club	F40	14	1:28	20	21:11	22:40	18	21:44	44:24	4:26/K
20	99	Dylan Sloan	Unaffiliated	MO	19	1:29	19	21:00	22:30	22	22:10	44:40	4:28/K
21	61	Edwina Ternan	Orangegrove AC	FO	38	1:43	23	21:34	23:18	15	21:27	44:46	4:29/K
22	58	Frank Rea	North Down AC	M60	18	1:29	21	21:27	22:57	23	22:22	45:20	4:32/K
23	14	Karen McLaughlin	Springwell Running Club	F45	15	1:28	22	21:28	22:57	24	22:25	45:22	4:32/K
24	64	Raymond Thom	Sperrin Harriers	M50	35	1:41	27	21:58	23:40	21	22:04	45:44	4:34/K
25	107	John McElroy	Unaffiliated	M35	51	1:48	26	21:51	23:40	25	22:41	46:21	4:38/K
26	65	Olivia Mullin	Greencastle AC	F35	23	1:31	25	21:48	23:20	30	23:15	46:35	4:40/K
27	66	Noel McElhone	Carmen Runners	MO	33	1:40	28	21:59	23:39	31	23:15	46:55	4:42/K
28	98	Gerard Jones	Unaffiliated	MO	30	1:37	31	22:35	24:12	26	22:55	47:08	4:43/K
29	123	Toirleach Gourley	Sperrin Harriers	M40	22	1:31	29	22:12	23:43	33	23:36	47:20	4:44/K
30	108	Laura Mitchell	Sperrin Harriers	FO	52	1:48	30	22:30	24:19	28	23:06	47:25	4:45/K
31	23	James Hepburn	Sperrin Harriers	MO	47	1:46	33	22:39	24:26	29	23:11	47:37	4:46/K
32	5	Aidan MacManus	Olympian Triathlon Club	M40	74	1:57	32	22:38	24:36	27	23:06	47:42	4:46/K
33	21	Niall Heaney	Omagh Harriers	M50	20	1:29	34	22:42	24:12	35	23:59	48:11	4:49/K
34	95	Alistair Hill	Ballymena Runners AC	M45	34	1:40	35	22:43	24:24	40	24:21	48:45	4:53/K
35	47	Martin McCourt	NI Civil Service AC	M45	32	1:38	36	22:43	24:22	46	24:36	48:59	4:54/K
36	4	Robert McCormack	Unaffiliated	M55	37	1:43	39	23:21	25:04	36	24:08	49:12	4:55/K
37	92	Doc Martin	Magherafelt Harriers	M55	61	1:51	46	24:00	25:52	32	23:25	49:18	4:56/K
38	118	Damien McCaffery	Sperrin Harriers	M45	45	1:46	37	23:19	25:06	42	24:23	49:29	4:57/K



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39	113	Alice Bradley	Unaffiliated	F35	31	1:38	40	23:23	25:01	44	24:31	49:33	4:57/K
40	84	Pat Donnelly	Unaffiliated	M45	67	1:53	38	23:21	25:14	45	24:32	49:46	4:59/K
41	86	Norman Fuller	Sperrin Harriers	M50	60	1:51	43	23:47	25:38	37	24:12	49:50	4:59/K
42	26	Sean Paul McCann	Unaffiliated	MO	71	1:55	47	24:01	25:56	34	23:57	49:53	4:59/K
43	2	Andrew Topping	Unaffiliated	M50	62	1:51	41	23:28	25:20	47	24:41	50:01	5:00/K
44	20	David Rainey	Ballymena Runners AC	M50	39	1:43	45	23:56	25:40	43	24:26	50:07	5:01/K
45	72	Jim Breen	Springwell Running Club	M60	53	1:49	48	24:02	25:51	38	24:18	50:09	5:01/K
46	87	Jason O'Neill	Sperrin Harriers	M45	50	1:48	49	24:03	25:52	39	24:18	50:10	5:01/K
47	94	Malcolm McCullagh	Sperrin Harriers	M40	54	1:49	52	24:08	25:57	41	24:21	50:19	5:02/K
48	38	Neil Purvis	Ballymena Runners AC	MO	48	1:47	53	24:09	25:56	48	24:41	50:38	5:04/K
49	115	Paul McClean	Tri Limits	M45	77	1:58	51	24:08	26:06	49	24:43	50:50	5:05/K
50	91	Paul Fearon	Sperrin Harriers	M40	49	1:48	44	23:50	25:38	51	25:29	51:07	5:07/K
51	15	Linda Petticrew	Ballymena Runners AC	F50	36	1:41	42	23:39	25:20	58	25:52	51:12	5:07/K
52	51	Glenn McGall	Ballymena Runners AC	M50	41	1:45	61	24:57	26:42	50	25:09	51:52	5:11/K
53	60	Mark Thompson	Tri Limits	MO	96	2:08	50	24:07	26:15	57	25:50	52:06	5:13/K
54	37	Steven Dornan	Sperrin Harriers	M45	70	1:55	55	24:21	26:17	60	25:56	52:13	5:13/K
55	82	Ivor Russell	Knockmanny Runners	MO	73	1:56	62	25:01	26:58	52	25:30	52:28	5:15/K
56	79	Gavin O'Hagan	Sperrin Harriers	MO	58	1:51	57	24:39	26:30	61	26:08	52:38	5:16/K
57	22	Niamh Heaney	Omagh Harriers	FJ	24	1:32	60	24:54	26:26	65	26:21	52:48	5:17/K
58	67	Martin Kolbohm	Unaffiliated	M55	69	1:54	68	25:18	27:12	55	25:36	52:49	5:17/K
59	122	David McKenna	Dublin Front Runners AC	M55	29	1:37	59	24:52	26:30	66	26:24	52:54	5:17/K
60	69	Richard Fox	Sperrin Harriers	M40	56	1:49	63	25:09	26:59	59	25:55	52:55	5:18/K
61	32	Shane Curtis	Lissan Runners	MO	66	1:53	54	24:17	26:10	70	26:44	52:55	5:18/K
62	57	Verity Cornford	Orangetown AC	F40	76	1:58	70	25:29	27:27	53	25:33	53:00	5:18/K
63	42	Nigel McMorris	Unaffiliated	M55	68	1:53	72	25:38	27:31	54	25:33	53:05	5:19/K
64	109	Aoibheann Bartley	Enniskillen Running Club	FO	59	1:51	66	25:17	27:08	62	26:09	53:18	5:20/K
65	12	Naomi Hutchinson	Ballymena Runners AC	FO	40	1:44	67	25:17	27:02	67	26:28	53:31	5:21/K
66	52	Neil McCready	Mallusk Harriers	M40	43	1:46	56	24:22	26:08	80	27:26	53:35	5:22/K
67	11	Alastair Donaghy	Ballymena Runners AC	M50	44	1:46	64	25:10	26:56	71	26:44	53:41	5:22/K
68	101	Anthony O'Neill	Sperrin Harriers	M55	63	1:51	69	25:22	27:14	69	26:36	53:50	5:23/K
69	8	Alison Foster	Ballymena Runners AC	F45	55	1:49	71	25:34	27:23	68	26:33	53:57	5:24/K
70	119	Darren Boyle	Unaffiliated	M45	46	1:46	65	25:15	27:02	76	27:08	54:10	5:25/K
71	83	Nuala Grogan	Omagh Harriers	F50	98	2:08	77	26:25	28:33	63	26:17	54:50	5:29/K
72	40	Mark Patterson	Unaffiliated	M40	88	2:06	88	27:04	29:11	56	25:40	54:51	5:29/K
73	77	Suzanne Bigmore	Acorns AC	F35	97	2:08	79	26:27	28:36	64	26:21	54:57	5:30/K
74	28	Paraic Walsh	Carrick Aces	M40	28	1:36	78	26:25	28:01	75	27:07	55:09	5:31/K
75	33	Damien Coey	Lissan Runners	MO	65	1:52	58	24:48	26:40	92	28:29	55:10	5:31/K
76	111	Adrian Morrison	Sperrin Harriers	M40	91	2:07	74	26:10	28:17	72	27:01	55:19	5:32/K



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77	45	Stephanie Henry	Sperrin Harriers	F40	81	2:04	82	26:29	28:33	73	27:01	55:35	5:34/K
78	16	Susanna Allen	Ballymena Runners AC	F50	64	1:52	80	26:28	28:21	77	27:15	55:37	5:34/K
79	39	Karen Purvis	Ballymena Runners AC	FO	57	1:50	83	26:32	28:23	78	27:24	55:48	5:35/K
80	90	Sean Devlin	Unaffiliated	M50	94	2:07	73	25:49	27:57	82	27:50	55:48	5:35/K
81	112	Kieran Morrison	Sperrin Harriers	MJ	90	2:07	75	26:19	28:27	79	27:26	55:53	5:35/K
82	100	Denise Dallas	Acorns AC	F55	101	2:10	86	26:47	28:57	74	27:04	56:01	5:36/K
83	88	Ciara Ryan	Unaffiliated	F40	75	1:57	76	26:19	28:17	84	27:54	56:12	5:37/K
84	70	Peter Mitchell	Sperrin Harriers	MO	78	1:59	89	27:04	29:03	83	27:51	56:55	5:42/K
85	43	Colin Thom	Acorns AC	M50	92	2:07	84	26:39	28:46	87	28:14	57:01	5:42/K
86	93	Niall Devlin	Sperrin Harriers	MO	42	1:45	81	26:28	28:14	96	29:01	57:15	5:44/K
87	50	Tom Wylie	Unaffiliated	M55	84	2:05	85	26:41	28:46	93	28:31	57:17	5:44/K
88	89	Deirdre Ryan	Unaffiliated	F45	83	2:05	91	27:16	29:21	85	28:06	57:27	5:45/K
89	121	Louise Kelly	Sperrin Harriers	F45	104	2:15	90	27:13	29:29	88	28:15	57:44	5:46/K
90	106	Brian Corrigan	Unaffiliated	MO	72	1:55	98	28:52	30:47	81	27:46	58:34	5:51/K
91	9	Allan Foster	Ballymena Runners AC	M45	87	2:06	94	28:14	30:20	89	28:18	58:38	5:52/K
92	10	Ruth Aiken	Ballymena Runners AC	F40	86	2:06	95	28:14	30:20	90	28:18	58:39	5:52/K
93	44	Jane Thom	Sperrin Harriers	F45	93	2:07	92	27:43	29:51	94	28:56	58:48	5:53/K
94	76	Donna Patterson	Acorns AC	F40	95	2:07	87	26:56	29:04	98	29:52	58:56	5:54/K
95	27	Tiarnan Rafferty	Galbally Runners	MO	85	2:06	97	28:41	30:47	91	28:21	59:09	5:55/K
96	49	Harry Armstrong	Ballymena Runners	M50	112	2:21	103	29:16	31:38	86	28:07	59:46	5:59/K
97	59	Bob McLaughlin	Springwell Running Club	M55	110	2:20	99	28:52	31:12	95	28:56	1:00:09	6:01/K
98	75	Brendan Sweeney	Acorns AC	M40	106	2:15	93	27:47	30:03	99	30:12	1:00:15	6:02/K
99	117	Sandra Hunter	Acorns AC	F40	109	2:17	100	29:05	31:23	97	29:29	1:00:52	6:05/K
100	120	Mickey McCann	Unaffiliated	M45	82	2:05	96	28:34	30:39	101	31:14	1:01:54	6:11/K
101	63	Donal Teague	Unaffiliated	MO	80	2:01	102	29:07	31:09	103	31:28	1:02:37	6:16/K
102	62	Peter Teague	Unaffiliated	M60	79	2:01	101	29:07	31:08	104	31:28	1:02:37	6:16/K
103	17	Emma Donnelly	Ballymena Runners	F40	99	2:09	107	30:04	32:13	100	31:12	1:03:26	6:21/K
104	25	Adrian Dodds	Ballymena Runners AC	M45	100	2:09	104	29:22	31:32	109	31:54	1:03:26	6:21/K
105	85	Douglas Finlay	Sperrin Harriers	M45	103	2:14	105	29:41	31:55	107	31:41	1:03:37	6:22/K
106	48	Elaine Montgomery	Springwell Running Club	F45	111	2:21	108	30:09	32:30	102	31:26	1:03:57	6:24/K
107	73	Rhoda Finlay	Sperrin Harriers	F40	105	2:15	106	30:00	32:15	108	31:42	1:03:57	6:24/K
108	18	Roisin Corrigan	Acorns AC	F40	108	2:16	110	30:32	32:48	106	31:37	1:04:26	6:27/K
109	19	Sharon Hamlin	Unaffiliated	F40	107	2:16	111	30:33	32:49	105	31:37	1:04:26	6:27/K
110	56	Judith Black	Acorns AC	F45	113	2:24	112	31:07	33:31	110	32:01	1:05:33	6:33/K
111	13	Terry Foley	Ballymena Runners AC	M50	89	2:06	109	30:09	32:16	112	33:24	1:05:41	6:34/K
112	78	Darren Andrews	Unaffiliated	M40	102	2:13	115	32:21	34:35	111	33:07	1:07:42	6:46/K
113	104	Egidia Cabral	Unaffiliated	F40	121	2:33	113	31:16	33:50	113	33:58	1:07:48	6:47/K
114	102	Julieann Bell	Unaffiliated	FO	116	2:33	114	31:33	34:06	116	35:00	1:09:06	6:55/K



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115	34	Davy Lambe	Lagan Valley Orienteers	M55	122	2:34	116	32:30	35:05	115	34:22	1:09:27	6:57/K
116	74	Samantha Gates	Acorns AC	F35	115	2:27	118	33:48	36:16	114	34:00	1:10:16	7:02/K
117	103	Patsi Doey	Acorns AC	FO	117	2:33	117	33:34	36:07	117	35:19	1:11:26	7:09/K
118	54	Fidelma McCoppin	Mallusk Harriers	F55	119	2:33	120	34:50	37:24	118	35:31	1:12:55	7:18/K
119	55	Marie McFarlane	Mallusk Harriers	F50	118	2:33	121	34:50	37:24	119	35:31	1:12:55	7:18/K
120	53	Fiona Wylie	Mallusk Harriers	F50	120	2:33	119	34:50	37:24	120	35:31	1:12:55	7:18/K
121	31	Malachy O'Brien	Unaffiliated	MJ	27	1:34	24	21:34	23:09	121	51:17	1:14:26	7:27/K
DNF	71	Allison Douglas	Ballymena Runners	F40	114	2:24							
DNF	96	Carmel Fuller	Sperrin Harriers	F50	123	2:34							